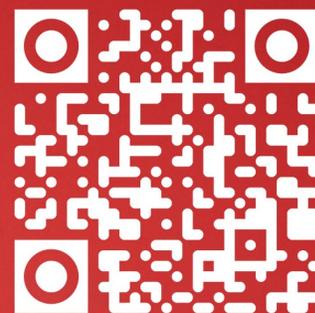


**girls
inc.**

of Limestone,
Algonquin and
Lakeshore



Scan or Click
to Register

Register by
March 6 for an
interactive day of safety
and self-protection skills for
Girls+ in Grade 11 to
post-secondary

PERSONAL SAFETY & SELF DEFENCE WORKSHOP DAY

**Wednesday, March 18 from 9 am to 3 pm
1200 Princess Street, Kingston, Ontario. Lunch Provided**

**TO REGISTER contact Quinlan Smith
at quinlansmith@girlsinclimestone.ca**

Participation is **FREE** thanks to the generosity of our Girls Ed Program funders. Girls +: Girls Inc. is committed to providing the comprehensive Girls Inc. Experience to girls and gender-expansive young people who feel our pro-girl environment is the best fit for them.